

MATHERAN 2011

The Annual Leadership Summit 2011 was held at the prestigious Rugby Hotel in Matheran. Years 8, 9 and 10 were offered a vast range of enriching activities to help to synchronize the mind, body and soul.

The first night there involved an exciting night walk through the semi-forest region around Matheran. The thrill experienced by the darkness kept all the students on the edge, and the lack of external sounds made it extremely easy for everyone to observe the nightlife around the area.



After a brief warm-up the next morning, students were divided into 5 groups that set off doing a few adventurous activities. These included zip lining, commando net climbing, rock climbing, ladder climbing, jummaring and rifle shooting. These activities were anticipated by all of the enthusiastic students, and the morning air was filled with excited voices as they carried out their activities.



This was followed by a session on survival skills. Professional instructors from the army, navy, Marine Corps and coast guard were always present to guide us during these activities, and they led a session that included the basics of tent pitching- the various types, appropriate locations and the various parts of a tent.

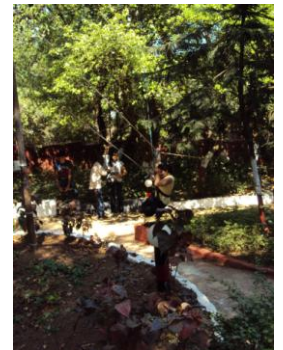


Students were also taught a few basic defense tactics in a grueling session of self defense, where they were trained in Aikido- a Japanese martial art which was a synthesis of martial studies, philosophy and religious beliefs.



This was followed by an interesting session conducted by the wildlife specialists present at the camp. Here, he gave a lecture on wildlife conservation, and also gave students the opportunity to observe

various types of lethal and non-lethal snakes, something that is believed to be impossible in the city streets of Mumbai.



One of the last activities at the camp was the team building games that were conducted for the students; this was eagerly anticipated and enjoyed immensely by all the students alike.

This camp was designed to promote qualities of leadership, self discipline and the ability to comprehend instructions. The instructors were always present to mold and shape the student's mind to that of a disciplined leader. Students were guided; albeit moderately strictly, in these activities, and we believe that this camp has truly changed the mindset on some of our young leaders.

